

Week-1 of STUDENT INDUCTION PROGRAM (Part-1)

- Student induction programme was organized by the Applied Science Department for the fresh batch (2023-2027) students. Various creative and literary sessions including theatre practices, sketching sessions and game sessions were held.
- Research and innovation program was held by Dr. Neerja Babbar, Dean Architecture, Amity University, Mohali, acquainting the students with the day to day evolving technology in field of education with regard to sustainable development and expanding their imagination in order to achieve optimal use of resources in the benefit of the society.
- Ms Sakshi Aggarwal, an empowerment coach at FitSakshi, enhanced the students stress management skills so that they can have a better vision about their future with regard to a career oriented approach. She discussed spiritual ways to keep a balance between work and day to day life and exploring oneself better.
- The students had sessions with Mr. Ramneek Bansal who is a prominent life coach, public speaker and a youth mentor. Through his sessions, the students benefited with skills such as mind management, breath work and boosting brain power. These sessions contributed to the personal development of students, providing them guidance during a crucial time period of their lives and helping them navigate through life's challenges with encouragement. He motivated the youth while raising awareness about peer pressure, market strategies and smart hardwork.
- Dr. Ritu Sekhri, Assistant Prof. In Psychology dept., PGGC 11 CHD, aimed at making students aware of the laws of the country with respect to ragging and how it affects the lives of people victimized by it. It made them aware about their fundamental rights with respect to their dignity.
- Students were introduced to the National Service scheme Unit of the college (NSS) by Dr. Nemi Chand (SLO). They were told about the foundation, meaning of NSS and also the various activities conducted by the unit all year around and the experience of being in the club. They were encouraged to take part in social activities.
- Sports Session was conducted by Dr. Sarabjeet Singh, Assistant Professor on Computer Science Engineering Department, CCET. He told students about the importance of sports along with studies. Sports activities available in CCET were also discussed.
- The personality development session conducted by Ms. Amreen Chadha, the founder of The Women's Course was an eye opener for all the students. It was a career oriented session while teaching the students on how to present themselves in every situation. It spread the importance of knowing yourself, having a vision that is well communicated, building trust among colleagues, and taking effective action to realize your own leadership potential.
- Public Speaking and Photography Session taken by Michaelangelo Francis were really inspiring because of his engaging and informative conversation held with the

students. He told all the story from his personal experiences in the past to the great person he is now. His sessions left a deep impact with a practical approach.









